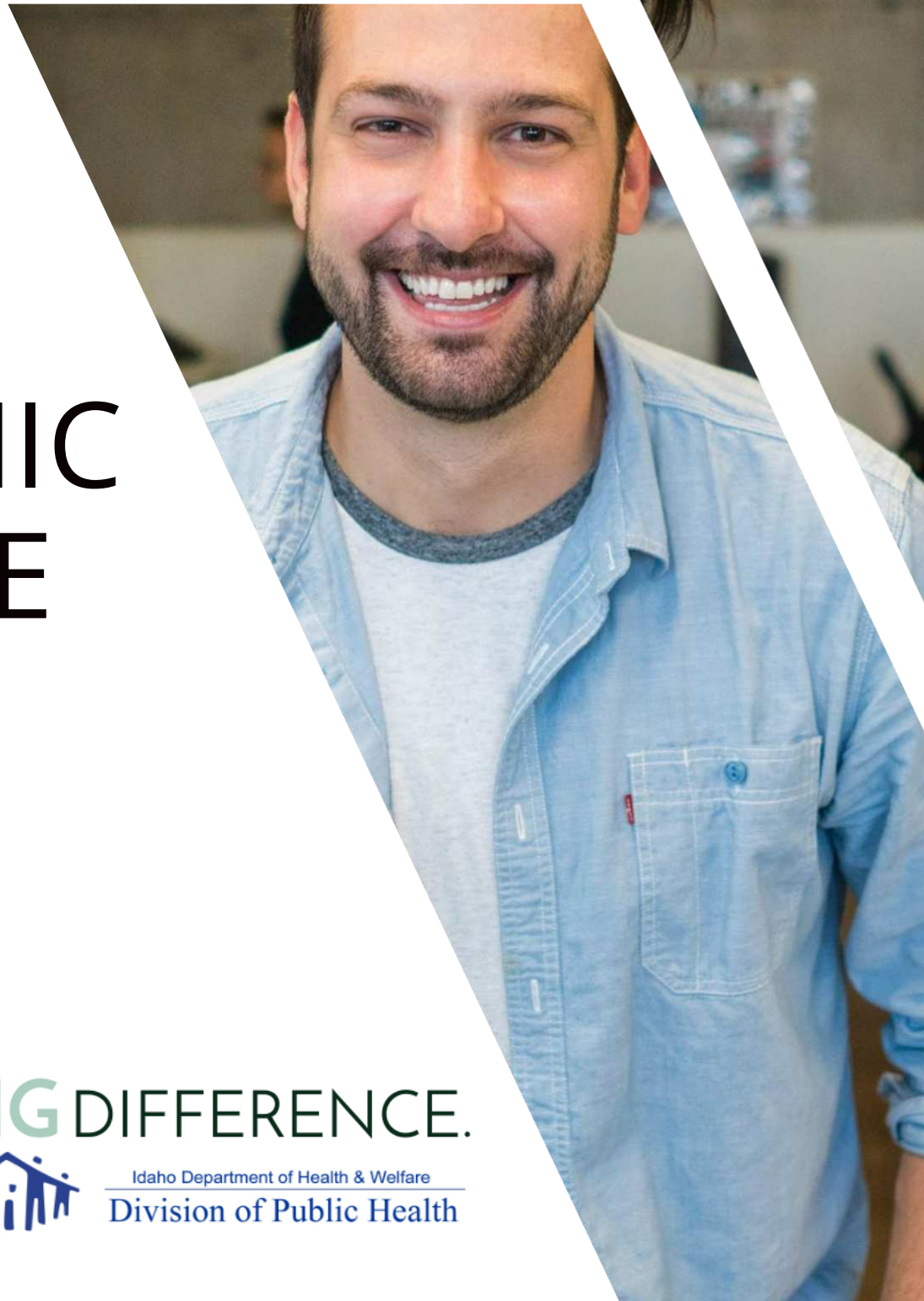


A FLIGHT A DAY

MAY
KEEP
CHRONIC
DISEASE
AWAY.



SMALL STEPS MAKE A **BIG** DIFFERENCE.



Idaho Department of Health & Welfare
Division of Public Health