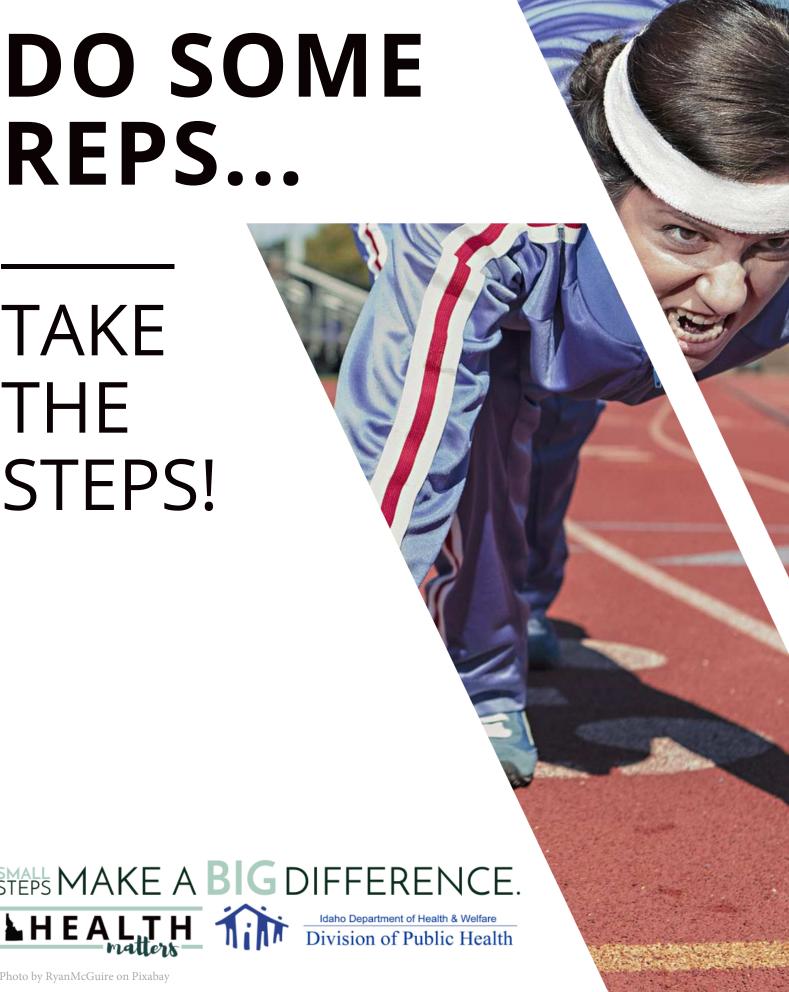
DO SOME REPS...

TAKE THE STEPS!



SMAKE A BIG DIFFERENCE.



