FUN WALK FUN WALK FUN WALK FUN WALK

CAPITOL MALL

NORTH END WALKING RALLY!

It's a great opportunity to team up, get some exercise, and enjoy spring in beautiful Boise.

Walk for fun! Teams of 3-5 coworkers, armed with a digital camera, walk Boise's North End looking for specific items on a list. First team back with pictures of everything on the list, wins a prize!

Look for sign-up details in an email from your agency Wellness Coordinator soon. But mark the date now so you don't miss the fun!

Date: Wednesday, April 16, 2008
Time: 12:00 - 1:00 pm

Health Matters
IDAHO STATE WELLNESS PROGRAM

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