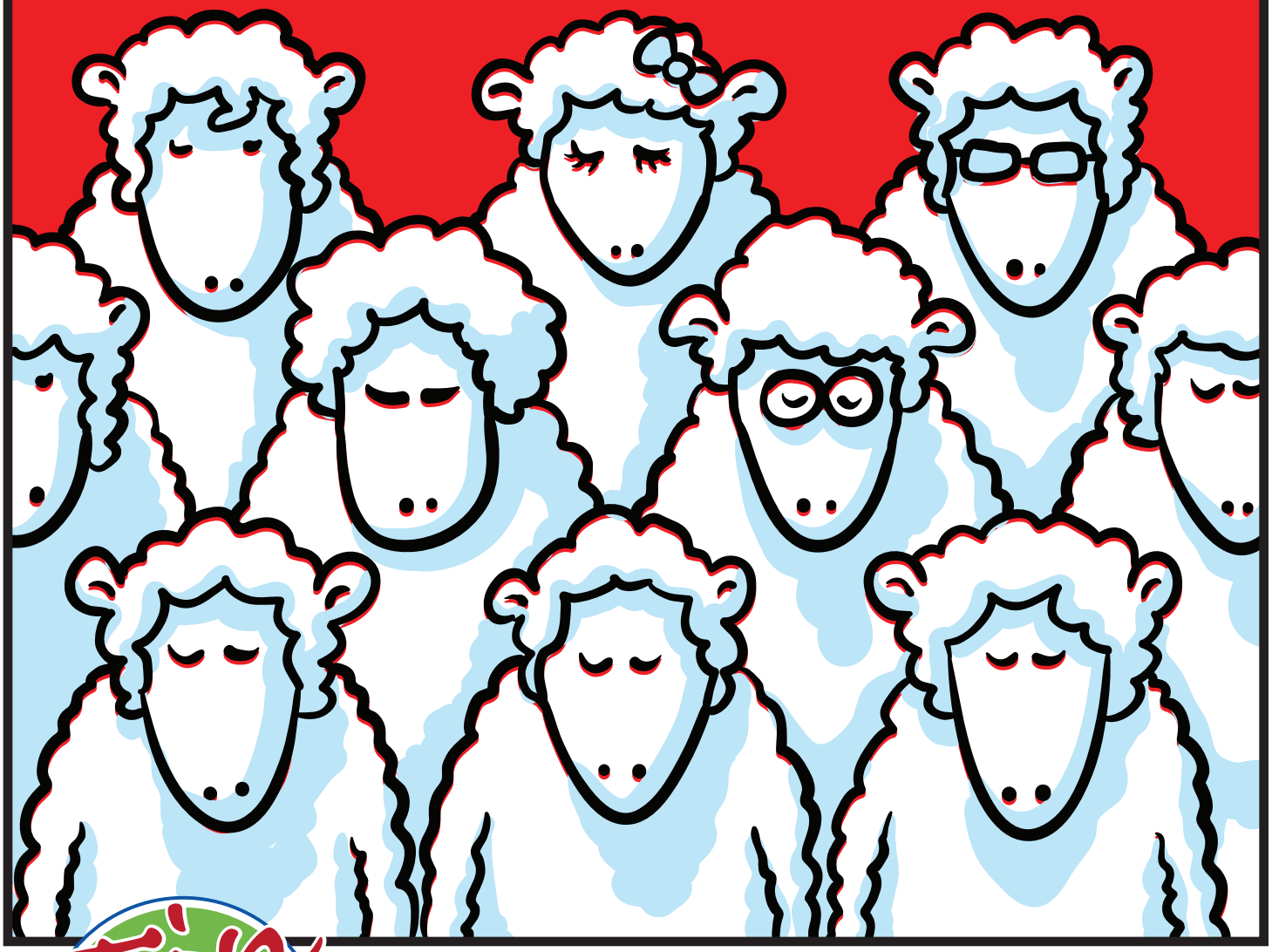
Don’t be the lone sheep.
Get your 7-8 hours.



Tip of the Day

Health Matters
healthmatters.idaho.gov