

Winter Fruit Salad

Adapted from: [Serious Eats](#)



Image source: [Jennifer Segal](#)

Ingredients:

- 1 pomegranate
- 2 oranges
- 2 grapefruits
- 2 crisp apples (like Fuji or Honeycrisp)
- 1 firm, yet ripe pear
- ½ -1 tablespoon honey

Directions:

1. [Remove seeds from pomegranate](#) and put in large bowl.
2. [Segment the oranges and grapefruit](#) and put fruit in the bowl with pomegranate seeds. Squeeze the remaining membranes over the bowl to release all the juice.
3. Cut the apples and pear into slices and toss with other fruits.
4. Mix honey with orange/grapefruit juices at the bottom of the bowl and toss well. Cover and refrigerate until ready to serve.