



Stay The Weight!

***Did you participate in the 4/13/10
Fitness Challenge Final Weigh In and lose weight?***

Maintain that weight loss or lose more and you will be entered into a drawing for a Polar Heart Rate Monitor and other prizes!

'Stay the Weight' weigh in is 1/25/11 or 1/26/11.

Drop in to weigh or register for the 2011 Challenge.

Winners will be announced the week of 1/31/11!

*(You must be a current State of Idaho employee;
weight loss surgery since 4/13/10 makes you ineligible to participate)*