

SPORTS MEDICINE



Jennifer Ann Southard, MD



**Saint Alphonse
Medical Group**

FAMILY MEDICINE
SPORTS MEDICINE

6533 Emerald St. | Boise, ID 83704

ACCEPTING NEW PATIENTS

(208) 367-4170 phone

(208) 367-8135 fax

Dr. Jennifer Southard is a Board Certified Sports Medicine Physician who specializes in the unique care of athletes. Did you know that over 75% of sports related injuries can be treated without surgery? As part of a dedicated Sports Medicine team, Dr. Southard is committed to keeping you at the top of your game.

SERVICES OFFERED:

- Injury Assessment
- Sports Physicals
- Swimmer's shoulder
- Hip pain
- Runner's knee
- Concussions
- Sprains / Strains
- Back pain in children
- Shin splints
- Anterior knee pain
- Stress fractures
- Planter fasciitis
- Supplements / Nutrition
- Osteoarthritis

ATHLETIC ACCOMPLISHMENTS

- Division 1 Track and Field Athlete Four-Year Letter Winner
- Physician for Women's National Basketball Association
- Physician for Basketball Mountain West Conference Championships
- Physician for NCAA Women's Basketball
- Physician for USA Track and Field Indoor Championship
- Team physician for University of New Mexico athletics, including: Football, Men's and Women's Soccer, Volleyball, Men's and Women's Basketball, Track and Field, Softball, Tennis, and Baseball