

# A COLON CANCER TEST SAVED MY LIFE

Make time for cancer screening. Colon cancer starts as a growth (polyp) in the large intestine (colon) or rectum. Screening tests find polyps so they can be removed before they turn into cancer. Tests can also find cancer in the early stages when it is easier to treat.

- Screening is recommended for everybody aged 50 and over.
- You don't have to have a family history of colon cancer to be at risk.
- The risk of colon cancer increases as we get older.
- Colon cancer often has no symptoms.
- Many insurance plans cover colon cancer screening.

*Karen Echeverria*  
Idaho Resident

"I was shocked to learn I had colon cancer because I'm healthy, I eat right, exercise, and there's no history of cancer in my family."

Idaho CareLine • IDHW  
**2-1-1**<sup>TM</sup>  
Get Connected. Get Answers.  
Dial 2-1-1 or 1-800-926-2588



**COLON CANCER IN IDAHO**  
Preventable, Treatable, Beatable.

**Take the test.  
Save your life.**



IDAHO DEPARTMENT OF  
HEALTH & WELFARE