

Quit with Nancy™

Tobacco Cessation...
Like You've **Never** Seen it Before!™



FREE PROGRAM

SPONSORED BY



Saint Alphonsus

Family Center



When participants complete the live four-evening program they will receive the *Quit with Nancy™* DVD Program® for free!

1. WATCH A 5-MINUTE VIDEO

www.TobaccoVideo.com

See why we're different!

2. CALL TO REGISTER for a class or get more information.

(208) 367-LUNG (5864)

- Check out the first class.
- No obligation to complete the classes.
- No pressure to Quit!

BOISE

Aug. 1-4

Sept. 12-15

Oct. 24-27

Dec. 5-8

6:00-9:00 p.m.
1055 N. Curtis Rd.

NAMPA

Aug. 8-11

Oct. 3-6

Nov. 28-Dec. 1

6:00-9:00 p.m.
1512 12th Ave.

**ONTARIO/
FRUITLAND**

Aug. 22-25

Oct. 17-20

Dec. 5-8

6:00-9:00 p.m.
351 SW 9th St.

BAKER CITY

Oct 24-27

6:00-9:00 p.m.
3325 Pocahontas Rd.

**2ND HALF
2016**

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Register Now.

www.TobaccoVideo.com

Video, upcoming classes and testimonials.

**This program consistently has quit rates
that rival the best programs in the country.**

- **92%** COMPLETE THE PROGRAM
- **OVER 50%** OF PARTICIPANTS QUIT
- **ANOTHER 40%** REDUCE THEIR USE



“What I love about this program is that individuals learn in a safe, supportive classroom environment, all the resources available to help them end their addiction to tobacco. I’ve been extremely impressed with the success rate my patients have had through the *Quit with Nancy™ Tobacco Cessation Program.*”

***Kathleen Sutherland, MD, Pulmonologist
Saint Alphonsus, Boise***



“Nancy trained at the Mayo Clinic’s Nicotine Dependence Center and has taught over 14,000 tobacco users. She is a true expert in tobacco cessation! As an ex-smoker, Nancy has designed this program in a manner that tobacco users understand. The success rate this program has is something I’ve never seen in all my years of practicing medicine.”

***Beth Malasky, MD, Cardiologist
Saint Alphonsus, Boise***



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For participant testimonials visit: www.TobaccoVideo.com