



Preserve @ Home provides research-based food preservation education across geographical barriers. Participants learn how to produce high quality preserved foods and the science behind food preservation and food safety.

Individuals with little or no previous food preservation experience are welcome. Anyone with an interest in food preservation and food safety can enroll in **Preserve @ Home**.

Enrollment & Payment Deadline
January 17, 2017

Online Course Available/Start Date
January 19 at 1:00 p.m. MST

Chats Thursday's 1:00 p.m. MST
January 26 – March 2



Cost: \$35 registration fee plus cost of supplemental materials. For more information, send in brochure form or email lsant@uidaho.edu.

Online Experience

Online classroom instruction using eXtension's Moodle open source platform monitored and facilitated by Extension Faculty.



Each lesson includes online text (that can be downloaded and printed), online discussion Board to facilitate student interaction, a real-time Chat with classmates and open book lesson quizzes to assess knowledge gained.



Lessons

1. Causes and Prevention of Foodborne Illness
2. Spoilage and Canning Basics
3. Canning Acid Food: Boiling Water Canner
4. Canning Low Acid Foods: Pressure Canner - Dial/Weighted
5. Canning Specialty Foods (jams, jellies and preserves; salsas; pickled & fermented foods)
6. Drying and Freezing

Supplemental Materials

7. Nutritional Value & Cost of Preserved Foods
8. Miscellaneous Food Safety & Preservation
9. Preparing for and Coping with Emergencies and Disasters.
10. High Altitude Canning
11. Starting Right – Gardening for Success
12. Root Cellaring: Storing your Garden Harvest

Online access NOT available after
March 16, 2017

At the conclusion a final exam is given and a Certificate of Completion is awarded for **80% or greater of available points.

Please send me a registration form for Preserve @ Home

Name _____ Daytime Phone _____

Address _____ City _____ Zip _____

Your email: _____

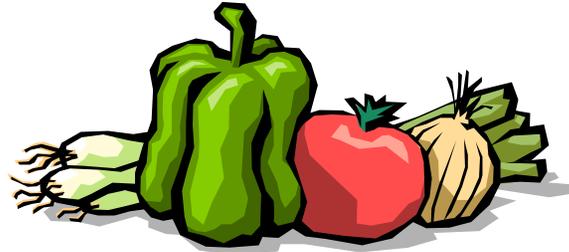
Mail to: Laura L. Sant Email to: lsant@uidaho.edu

Franklin County Extension

561 W Oneida

Preston ID 83263

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The University of Idaho does not discriminate in education or employment on the basis of human differences, as required by state and federal laws

Persons with disabilities who require alternative means for communication or program information or reasonable accommodations need to contact Laura Sant one week before the starting date of the program at 208-852-1097 or lsant@uidaho.edu

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**PRESERVE
@ HOME**

University of Idaho Extension

**A Web-Based
Food Preservation Series**