

Healing through Expression



Healing through Expression is a grief & loss support activity that uses the creative process and art techniques as a way to process, explore, learn and heal from the grief experience. This gathering will be guided by a professional mental health / bereavement expert.

NO ART experience necessary, please bring an open mind and heart. All supplies included, at no cost to participants. This activity is open to all ages and utilizes creativity as a unique way of expressing the self.

March 15, 2016 6:00 – 8:00PM

St. Luke's Rehab Hospital – ELKS Room, 4th Floor

ST. LUKE'S REHAB HOSPITAL
600 N Robbins Road, Boise, ID 83712

Pre-registration required as space is limited, contact 208-381-2721 to register.