

They did everything right.



Knew that feeling uncertain was normal



Paid attention to the warning signs



Knew that delaying could be deadly



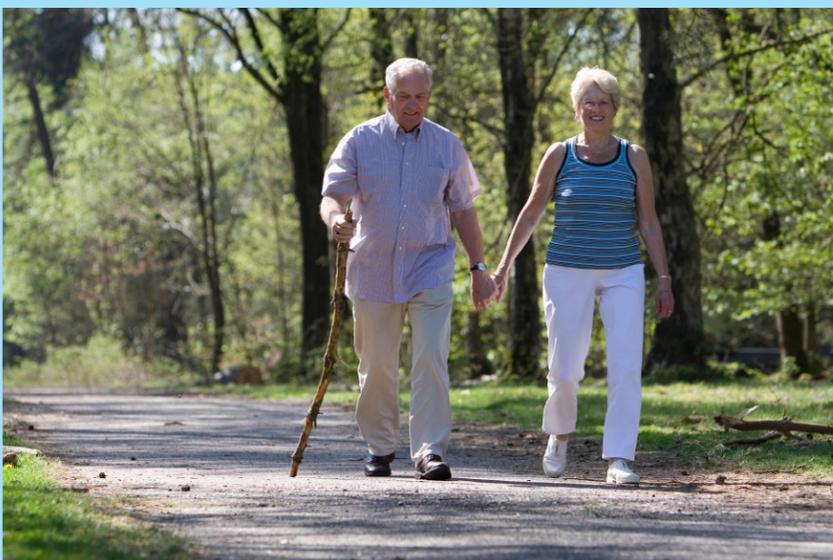
Called 9-1-1 right away



Survived a heart attack



And so can you!



Heart Attack Symptoms

- Uncomfortable pressure, fullness, squeezing, or pain in the center of the chest that is recurring
- Pain that spreads to the shoulders, neck or arms
- Shortness of breath, lightheadedness, fainting, sweating, or nausea, with or without chest discomfort

