

Take the test.  
**Save your life.**

**WHAT YOU SHOULD  
KNOW ABOUT  
COLON  
CANCER  
SCREENING**



Jennifer lost her mom to colon cancer.

Romero: a veteran, athlete, coach, and colon cancer survivor.

# COLON CANCER IS THE SECOND LEADING CAUSE OF CANCER DEATH, BUT IT DOESN'T HAVE TO BE.

**Colon cancer is both preventable and treatable. If you're 50 or older, see your doctor. Get tested.**

## IT'S PREVENTABLE

Get screened. Colon cancer can be prevented by finding and removing polyps before they turn into cancer.

## IT'S TREATABLE

Don't ignore the signs or symptoms:

- Bleeding from your rectum
- Blood in your stool
- Changes in bowel movements
- Diarrhea, constipation or both
- Lack of energy
- Unexplained weight loss

These signs don't mean you have cancer but you need to talk to a doctor right away.

## IT'S BEATABLE

The odds are in your favor: 95% survival rate if found in the earliest stages. Get tested. Ask your doctor which test is best for you.

For additional information about colon cancer and other cancers, visit:

THE AMERICAN CANCER SOCIETY  
[www.cancer.org](http://www.cancer.org)



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