

# **Blood Drives**

The primary purpose of a blood drive is to collect blood to provide vital blood transfusions for patients in need, including those undergoing surgeries, cancer treatments, and managing chronic illnesses or traumatic injuries.

These drives are crucial for ensuring a consistent blood supply, as there is no artificial substitute for human blood.

Every 2 seconds someone in the U.S. needs blood.

#### DHR will have (2) Donation Locations on June 10, 2025

**Location:** State Chinden Campus

Address: 11321 W. Chinden Blvd Bldg. 2 - Coral Room

Garden City, ID 83714 **Time:** 8:30am to 2:30pm

**Location:** JRW Building

Address: 700 W. State Street - East Conference Room

Boise, Idaho 83720

**Time:** 9:00am to 2:00pm

## **Before your Donation:**

- Make an Appointment
   OR Code on Flyer
- Eat iron-rich foods (red meat, fish, poultry, beans, spinach or raisins.
- Be Well Rested and Hydrated.

#### **Be Prepared:**

- Complete your RapidPass to expedite your appointment.
  - QR Code on Flyer
- Bring your Photo ID
- Medication List All prescriptions or over the counter medications.

#### **After Donation:**

- Relax and have a snack
- Drink extra fluids and avoid alcohol for the next 24 hours.

## **Upcoming Training**

#### **DHR Wellness Awareness Course**

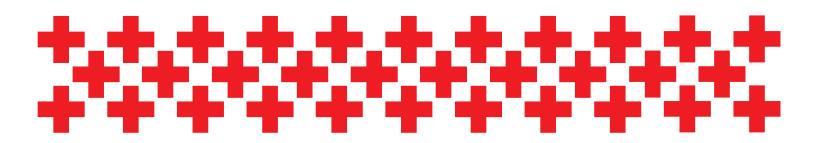
Wellness Awareness offers activities, strategies, and plans to help participants understand, recognize, and manage stressors. Additionally, participants will recognize the importance of self-awareness, demonstrating resilience, concerns with burnout, and intentional wellness planning. Register in Luma L&D - DHR\_000049

June 18, 2025, 8:30am to 12:00pm (MST) (Online)



# **American Red Cross**

Give blood. Help save lives.



# **Blood Drive State Chinden Campus**

Coral Room 11321 W Chinden Blvd Building #2 Garden City, ID 83714

> **Tuesday, June 10, 2025** 8:30 a.m. to 2:30 p.m.

Please visit RedCrossBlood.org and enter: ChindenCampus to schedule an appointment.



Streamline your donation experience and save up to 15 minutes by visiting RedCrossBlood.org/RapidPass to complete your pre-donation reading and health history questions on the day of your appointment.





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**American Red Cross** 



# Blood Drive State Agencies JRW Building

Fast Conference Room 700 W State Street Boise, ID 83720

Tuesday, June 10, 2025 9:00 a.m. to 2:00 p.m.

Please visit RedCrossBlood.org and enter: Idaho to schedule an appointment.



Streamline your donation experience and save up to 15 minutes by visiting RedCrossBlood.org/RapidPass to complete your pre-donation reading and health history questions on the day of your appointment.

