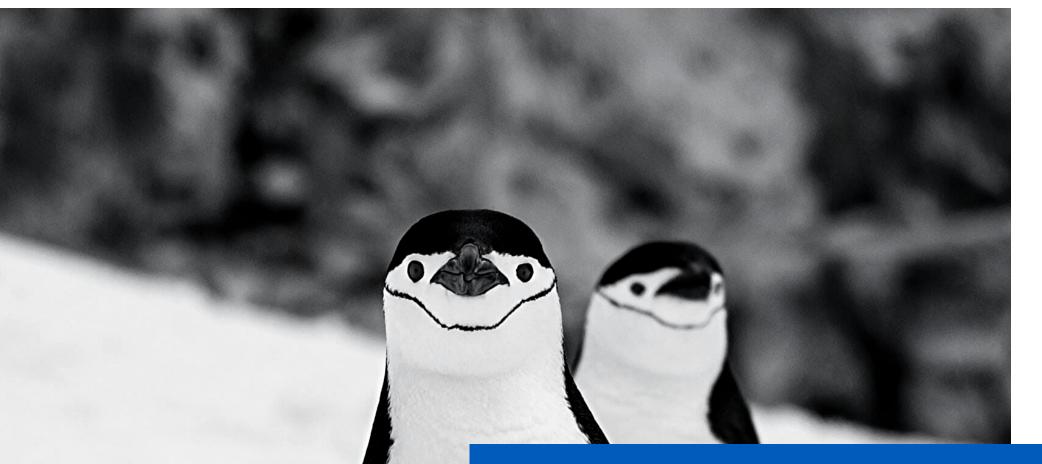
## AVOID WINTER FALLS WALK LIKE A PENGUIN



## HANDS OUT OF POCKETS



## TOES POINTING OUT

## SLOW, SHORT STEPS

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