

2021 Health Matters Virtual 5K Results

FEMALES / 18-29

Place	First Name	Last Name	Bib Number	Age/Gender	TIME	PR!	First 5K
1st place [18-29/F]	Lauren	Diaz	383	[18-29] / F	0:24:42		First 5K!
2nd place [18-29/F]	Allison	MacLean	248	[18-29] / F	0:25:50		
3rd place [18-29/F]	Christi	King	215	[18-29] / F	0:27:48		
	Makayla	Martinez	52	[18-29] / F	0:28:4		
	Haylee	Sesock	136	[18-29] / F	0:28:22	PR!	
	Emma	Wooldridge	361	[18-29] / F	0:30:6		
	Marisa	Gonzalez-Mabbutt	476	[18-29] / F	0:32:31		
	Hannah	Erickson	109	[18-29] / F	0:33:3	PR!	
	Tessa	Donaldson	457	[18-29] / F	0:34:47	PR!	
	Mariah	Chavez	201	[18-29] / F	0:47:54		
	Hayley	Goodwin	327	[18-29] / F	0:49:23		First 5K!
	Destiny	Locke	364	[18-29] / F	0:50:33		
	Jessica	Doan	428	[18-29] / F	1:0:0		
	Eva	Martinez	237	[18-29] / F	1:17:10		First 5K!
	Denice	Wright	304	[18-29] / F	2:0:0		
	AshLee	Barclay	320	[18-29] / F	no time	PR!	
	Jolene	Heath	296	[18-29] / F	no time		
	Malika	Tangen	464	[18-29] / F	no time		
	Tara	Woodward	247	[18-29] / F	no time		
	Tasha	Azbill	121	[18-29] / F	no time		

MALES / 18-29

Place	First Name	Last Name	Bib Number	Age/Gender	TIME	PR!	First 5K
1st place [18-29/M]	Dale	Granger	149	[18-29] / M	0:19:56		
2nd place [18-29/M]	Zachery	Pierce	412	[18-29] / M	0:26:44		
3rd place [18-29/M]	Josh	Morell	78	[18-29] / M	0:29:0		
	Matthew	Wiederhold	350	[18-29] / M	0:33:46		First 5K!
	Ryan	McNair	77	[18-29] / M	0:45:0		
	Austin	Somers	396	[18-29] / M	1:6:0		First 5K!
	Tylor	Mathews	34	[18-29] / M	1:12:38		First 5K!
	Colton	Gerhart	285	[18-29] / M	no time		
	Jorge	Rodriguez	145	[18-29] / M	no time		First 5K!

FEMALES / 30-49

Place	First Name	Last Name	Bib Number	Age/Gender	TIME	PR!	First 5K
1st place [30-49/F]	Brenda	Corbett	57	[30-49] / F	0:23:10		
2nd place [30-49/F]	Julie	Lininger	395	[30-49] / F	0:25:8		
3rd place [30-49/F]	Bailey	Peterson	9	[30-49] / F	0:26:49	PR!	
	Cassie	Barclay	14	[30-49] / F	0:29:0	PR!	
	Keyla	Villanueva	281	[30-49] / F	0:29:17		First 5K!
	Kara	Ferguson	111	[30-49] / F	0:29:22		First 5K!
	Leah	Sallas	64	[30-49] / F	0:29:49		
	Sarah	Hansen	305	[30-49] / F	0:30:43		
	Carissa	Black	440	[30-49] / F	0:31:0	PR!	
	Angela	Kraft Fisher	1	[30-49] / F	0:31:26		
	Rocio	Ledesma	92	[30-49] / F	0:31:5	PR!	

Jamie	Smith	444	[30-49] / F	0:32:0	
Tina	Fuller	26	[30-49] / F	0:33:10	
Tamara	Baysinger	389	[30-49] / F	0:33:21	PR!
Cristina	Legarreta	130	[30-49] / F	0:34:55	First 5K!
Shauna	Guinn	375	[30-49] / F	0:36:0	
Katie	Taylor	214	[30-49] / F	0:36:2	
Jennifer	Justin	171	[30-49] / F	0:36:11	
Kristen	Brown	8	[30-49] / F	0:37:16	
Rebekah	Skriletz	271	[30-49] / F	0:38:19	
Arena	Dick	272	[30-49] / F	0:38:26	
Alyson	Christianson	84	[30-49] / F	0:38:49	PR!
Rebecca	Lampe	226	[30-49] / F	0:39:0	PR!
Amber	Re	370	[30-49] / F	0:40:0	First 5K!
Brandelynn	Ethridge	321	[30-49] / F	0:41:0	
Kelly	Rey	155	[30-49] / F	0:42:17	PR!
Larissa	Dittman	475	[30-49] / F	0:43:31	First 5K!
Jena	Lords	220	[30-49] / F	0:44:20	
Jennifer	Palagi	316	[30-49] / F	0:45:0	
Kara	Kelley	485	[30-49] / F	0:45:0	First 5K!
Kimberly	Baker	66	[30-49] / F	0:45:0	
Michelle	Juarez	422	[30-49] / F	0:45:8	
Mindy	Walters	344	[30-49] / F	0:45:9	
Megan	Kreizenbeck	368	[30-49] / F	0:45:28	
Emily	Sommer	429	[30-49] / F	0:45:36	
Karla	Nelson	255	[30-49] / F	0:46:12	
Lauri	Monnot	366	[30-49] / F	0:46:44	
Stephanie	Wilt	110	[30-49] / F	0:46:51	
Leahann	Romero	36	[30-49] / F	0:47:0	
Brandi	Robinette	267	[30-49] / F	0:47:11	
Tiffany	Sharp Bowman	115	[30-49] / F	0:48:0	First 5K!
Shawna	Gundlach	306	[30-49] / F	0:48:50	
Audrey	McKay	37	[30-49] / F	0:50:41	
Cecily	Shepherd	28	[30-49] / F	0:51:0	
Kate	Nihipali	404	[30-49] / F	0:51:59	First 5K!
Destiny	Egley	406	[30-49] / F	0:52:12	
Becky	Schoonmaker	119	[30-49] / F	0:53:43	
Jennifer	Renfroe	30	[30-49] / F	0:53:47	
Hayley	Helm	27	[30-49] / F	0:54:0	
Rebecca	Martin	426	[30-49] / F	0:54:18	
Emily	Leach	385	[30-49] / F	0:54:34	First 5K!
Rhonda	House	252	[30-49] / F	0:54:38	
Amanda	Laib	434	[30-49] / F	0:55:0	
Loni	Townsend	474	[30-49] / F	0:55:0	
Tiffany	Robb	258	[30-49] / F	0:55:31	
Brittany	Crockett	56	[30-49] / F	0:56:0	First 5K!
Kortney	Swartzfager	393	[30-49] / F	1:0:0	PR!
Megan	Dumitru	135	[30-49] / F	1:0:0	First 5K!
Sonya	Deakins	59	[30-49] / F	1:0:0	
Lindsay	Nowotny	431	[30-49] / F	1:0:3	
Juli	Kaiser	42	[30-49] / F	1:0:49	
Jennifer	Bobo	90	[30-49] / F	1:1:58	

Motoko	Chiba	265	[30-49] / F	1:2:3	First 5K!
Aislinn	Johns	302	[30-49] / F	1:2:33	First 5K!
Lacey	Rammell-O'Brien	411	[30-49] / F	1:3:23	
Kim	Vogel	482	[30-49] / F	1:5:0	
Flower	McGuire	311	[30-49] / F	1:6:10	
Kali	Weidner-Mayer	131	[30-49] / F	1:7:55	
Kelly	Maki	208	[30-49] / F	1:10:0	First 5K!
Shawna	Moore	420	[30-49] / F	1:10:0	
Laela	Wilmot	193	[30-49] / F	1:11:0	First 5K!
Leticia	Cruz	347	[30-49] / F	1:19:0	
Christine	Taysan	204	[30-49] / F	1:19:35	PR!
Cody	Belvin	76	[30-49] / F	1:24:5	
Micaela	de Loyola-Carkin	270	[30-49] / F	1:25:0	First 5K!
Mercedes	Jimenez-Aguirre	233	[30-49] / F	1:30:0	PR!
Jackie H	Jackson	465	[30-49] / F	2:59:0	
Amanda	Grant	325	[30-49] / F	no time	
Angie	Davis	114	[30-49] / F	no time	
Anna	Hardy	456	[30-49] / F	no time	First 5K!
Annette	Valenzuela	448	[30-49] / F	no time	
Becky	Creighton	192	[30-49] / F	no time	
Chelsea	Newton	81	[30-49] / F	no time	
Courtney	Hudnall	241	[30-49] / F	no time	
Crystal	Pridgen	17	[30-49] / F	no time	
Danielle	Howe	279	[30-49] / F	no time	First 5K!
Dena	McCorkle	88	[30-49] / F	no time	
Elizabeth	Westenburg	286	[30-49] / F	no time	
Emily	Chivers	290	[30-49] / F	no time	
Emma	Landers	235	[30-49] / F	no time	
Erin	Floyd	33	[30-49] / F	no time	
Esmeralda	Velasquez	47	[30-49] / F	no time	First 5K!
Jacqueline	Smith	297	[30-49] / F	no time	
Jennifer	Iriondo	356	[30-49] / F	no time	First 5K!
Kari	Riggs	341	[30-49] / F	no time	First 5K!
Katherine	Hoyer	211	[30-49] / F	no time	
Katie	Giesbrecht	251	[30-49] / F	no time	PR!
Kylie	Donnelly	277	[30-49] / F	no time	
Lynn	Shelton	280	[30-49] / F	no time	First 5K!
Maggie	Trautman	262	[30-49] / F	no time	
Meagan	McCoy	31	[30-49] / F	no time	
Melissa	Owens	471	[30-49] / F	no time	First 5K!
Nichole	Harvey	436	[30-49] / F	no time	
Renee	Waite	259	[30-49] / F	no time	
Ronnie	Winks	257	[30-49] / F	no time	
Shannon	Shafer	199	[30-49] / F	no time	First 5K!
Shannon	Hohl	186	[30-49] / F	no time	
Sheila	Weaver	173	[30-49] / F	no time	First 5K!
Star	Warne	106	[30-49] / F	no time	
Theresa	Evans	459	[30-49] / F	no time	First 5K!
Tiffany	Duke	445	[30-49] / F	no time	

Place	First Name	Last Name	Bib Number	Age/Gender	TIME	PR!	First 5K
1st place [30-49/M]	Bryan	Rich	161	[30-49] / M	0:20:23	PR!	
2nd place [30-49/M]	Gideon	Tolman	162	[30-49] / M	0:20:28		
3rd place [30-49/M]	John	Loffredo	184	[30-49] / M	0:21:11		
	Patrick	Coyle	480	[30-49] / M	0:22:0		
	Brian	Cordova	206	[30-49] / M	0:22:30		
	Mike	Taylor	74	[30-49] / M	0:23:18		
	Tim	Beach	102	[30-49] / M	0:24:9		
	Stephen	Tamm	390	[30-49] / M	0:24:38		
	Ammon	Hopkins	73	[30-49] / M	0:25:2		
	Adam	Anderson	472	[30-49] / M	0:25:11		
	Trevor	Sparrow	140	[30-49] / M	0:25:29	PR!	
	Andrew	Francis	437	[30-49] / M	0:26:0		
	Robert	Smith	134	[30-49] / M	0:26:45		
	Rick	Jensen	478	[30-49] / M	0:26:50		
	Stephen	Harding	473	[30-49] / M	0:27:18		
	Donn	English	443	[30-49] / M	0:28:0		
	Brad	Iverson-Long	323	[30-49] / M	0:29:15		
	Joseph	Otero	228	[30-49] / M	0:29:30	PR!	
	joshua	mckenna	104	[30-49] / M	0:29:59		
	Daniel	Bybee	467	[30-49] / M	0:30:0		First 5K!
	Randal	Brunello	129	[30-49] / M	0:30:37		
	John	Kelley	153	[30-49] / M	0:32:7		
	Benjamin	Creelman	352	[30-49] / M	0:33:41		First 5K!
	Daniel	Taylor	479	[30-49] / M	0:35:48		
	Shawn	Moore	141	[30-49] / M	0:36:20	PR!	
	Nicholas	Christensen	460	[30-49] / M	0:38:0		
	Blake	Asay	458	[30-49] / M	0:38:17		First 5K!
	Eric	Bennett	238	[30-49] / M	0:41:0		
	David	Betts	188	[30-49] / M	0:42:38		
	Niccolo	Dottore	332	[30-49] / M	0:44:0		
	Brian	Miller	213	[30-49] / M	0:45:0		First 5K!
	Javier	Cervantes	378	[30-49] / M	0:45:0		First 5K!
	Alain	Hernandez	86	[30-49] / M	0:48:13		First 5K!
	William	Coon	219	[30-49] / M	0:48:49		First 5K!
	Kedrick	Wills	419	[30-49] / M	0:49:14		
	Aaron	Krieger	470	[30-49] / M	0:57:0		
	Christopher	Honn	463	[30-49] / M	0:57:0		
	Brian	Patingre	299	[30-49] / M	1:5:17		First 5K!
	Brad	Normand	423	[30-49] / M	1:10:30		
	Casey	Hofland	242	[30-49] / M	1:12:15		
	Pedar	Berg	207	[30-49] / M	2:59:0		
	Bryan	Lauritsen	357	[30-49] / M	no time		First 5K!
	Clint	Renn	94	[30-49] / M	no time		
	David	Duke	446	[30-49] / M	no time		First 5K!
	Dustin	Leverett	41	[30-49] / M	no time		
	Justin	Bonner	23	[30-49] / M	no time		
	Michael	Hahn	371	[30-49] / M	no time		
	Scott	Smith	159	[30-49] / M	no time		First 5K!
	Stephen	Goodson	451	[30-49] / M	no time		First 5K!

FEMALES / 50+

Place	First Name	Last Name	Bib Number	Age/Gender	TIME	PR!	First 5K
1st place [50+/F]	Amy	Hirtle	11	[50+] / F	0:26:27	PR!	
2nd place [50+/F]	Nanci	Jenkins	15	[50+] / F	0:27:14		
3rd place [50+/F]	Tiff	Beatty	40	[50+] / F	0:28:28		
	Holly	Alsleben	275	[50+] / F	0:30:0		
	Jennifer	Andersen	87	[50+] / F	0:30:19		
	Lisa	Mason	343	[50+] / F	0:32:18		
	Betsy	Hammar	263	[50+] / F	0:33:0		
	Gayle	Johnson	229	[50+] / F	0:33:42		
	Kris	Saldana	167	[50+] / F	0:35:0		
	Kimberly	Woods	441	[50+] / F	0:35:36		
	Darlene	Carnopis	118	[50+] / F	0:35:51		
	Susie	Katona	468	[50+] / F	0:36:0		
	Randi	Cole	38	[50+] / F	0:37:0		
	Carolee	Gardner	116	[50+] / F	0:38:12		
	Ronda	Kadel	216	[50+] / F	0:38:17		
	Michal	Lloyd	402	[50+] / F	0:38:23		
	Kathy	Van Vactor	178	[50+] / F	0:40:34		
	Adrienne	Woods	225	[50+] / F	0:41:25		
	Elsa	Guillen	97	[50+] / F	0:41:36		
	Kathy	Cavallini	117	[50+] / F	0:42:0		
	Tina	McBride	314	[50+] / F	0:43:0		
	Kelly	Byrne	466	[50+] / F	0:43:16		
	Denise	Lauerman	481	[50+] / F	0:44:13		
	Sherise	Jurries	322	[50+] / F	0:45:12		
	Penny	Ragland	170	[50+] / F	0:45:58		
	Rachelle	Armstrong	10	[50+] / F	0:46:0		
	Sandra	Gomez	67	[50+] / F	0:47:0		First 5K!
	Tracy	Bruce	334	[50+] / F	0:47:40	PR!	
	Anne	Lawler	300	[50+] / F	0:47:46		
	Shana	Barrowclough	266	[50+] / F	0:48:13		
	Patricia	Greene	75	[50+] / F	0:48:17		First 5K!
	Diana	Jones	394	[50+] / F	0:51:9		
	Erin	Probert	181	[50+] / F	0:52:14		
	Alana	Minton	377	[50+] / F	0:53:0		
	Jennifer	Poole	210	[50+] / F	0:54:19		
	Elizabeth	Adcock	337	[50+] / F	0:54:27		
	Donna	Barney	256	[50+] / F	0:55:38		First 5K!
	Sharon	Cates	289	[50+] / F	0:56:15		
	Joyce	Storey	384	[50+] / F	0:56:18		
	Helen	Kuo	315	[50+] / F	0:57:20		
	Maria	Trejo	98	[50+] / F	0:57:20		
	Julie	Enneking	477	[50+] / F	1:0:0		
	Kristie	Frei	469	[50+] / F	1:0:0		
	Marguerite	Davids	433	[50+] / F	1:0:0		First 5K!
	Brenda	Davis	45	[50+] / F	1:2:9	PR!	
	Kelly	Rowlands	373	[50+] / F	1:3:0		
	Carmen	Garlie	148	[50+] / F	1:3:19		First 5K!
	Cozette	Bolshaw	363	[50+] / F	1:5:0		First 5K!
	Stephanie	Page	108	[50+] / F	1:6:25		

Debbie	Dudley	319	[50+] / F	1:10:0	
Katy	Place	442	[50+] / F	1:10:0	
Linda	Check	212	[50+] / F	1:12:0	First 5K!
Loura	Walker	139	[50+] / F	1:13:10	
Debbie	Spence	292	[50+] / F	1:14:0	
Michelle	Cagle	303	[50+] / F	1:14:0	First 5K!
Ellise	Fowler	369	[50+] / F	1:18:12	
Theresa	Sorrell	179	[50+] / F	1:21:0	First 5K!
Lori	Henneman	415	[50+] / F	1:25:0	
Adriana	Burton	309	[50+] / F	1:30:0	
Carlene	Kirkland	22	[50+] / F	1:30:0	
Marjorie	Lusk	408	[50+] / F	1:30:0	First 5K!
Pamela	Lottman	177	[50+] / F	1:56:13	First 5K!
Tina	Schilling	439	[50+] / F	2:2:0	First 5K!
Judy	StGermain	224	[50+] / F	2:4:5	First 5K!
Paula	Fullmer	194	[50+] / F	2:12:0	
Lori	Hill	243	[50+] / F	2:15:10	
Debra	Welch	89	[50+] / F	2:20:0	
Joyce	Lyons	391	[50+] / F	2:34:0	
Carol	Anderson	386	[50+] / F	no time	First 5K!
Cindy	Johnson	484	[50+] / F	no time	
Davida	Vangen	58	[50+] / F	no time	
Diane	Kaiser	191	[50+] / F	no time	
Dona	Cox	166	[50+] / F	no time	
Jane	Gennrich	61	[50+] / F	no time	
Julie	Moser	154	[50+] / F	no time	First 5K!
Kim	Banner	324	[50+] / F	no time	First 5K!
Kristine	Swanson	180	[50+] / F	no time	
Linda	Davis	388	[50+] / F	no time	
Lori	Flook	367	[50+] / F	no time	
Maureen	Hugues	348	[50+] / F	no time	
Michele	MacKenzie	331	[50+] / F	no time	
Michele	Munoz	483	[50+] / F	no time	
Michelle	Bowers	198	[50+] / F	no time	First 5K!
Michelle	Finley	205	[50+] / F	no time	
Mindy	Stomner	430	[50+] / F	no time	
Susan	Stamper	380	[50+] / F	no time	First 5K!
Tammie	Miller	455	[50+] / F	no time	

MALES / 50+

Place	First Name	Last Name	Bib Number	Age/Gender	TIME	PR!	First 5K
1st place [50+/M]	Michael	McCurdy	183	[50+] / M	0:23:48		
2nd place [50+/M]	Chris	Wernert	100	[50+] / M	0:24:45		
3rd place [50+/M]	Kevin	Butler	452	[50+] / M	0:24:47		
	Steve	Button	168	[50+] / M	0:25:0		
	Kurt	Hinrichs	234	[50+] / M	0:27:52		
	Shawn	Jefferds	132	[50+] / M	0:28:0		First 5K!
	Bill	Lillibridge	328	[50+] / M	0:30:0		First 5K!
	Roy	Shepherd	342	[50+] / M	0:30:34		
	Ben	Ward	307	[50+] / M	0:30:49		
	Raymond	Wong	138	[50+] / M	0:36:0		

Shawn	Sweetapple	107	[50+] / M	0:36:10	
Steve	Barclay	250	[50+] / M	0:42:0	
Dave	Darrow	95	[50+] / M	0:42:9	
Jeffrey	Cook	326	[50+] / M	0:45:0	First 5K!
Eugene	Hayes	113	[50+] / M	0:47:17	PR!
Rudolph	Campbell	103	[50+] / M	0:51:22	
Morgan	Walker	218	[50+] / M	0:57:10	
Stephen	Donahue	354	[50+] / M	1:0:0	
Chris	Baxter	418	[50+] / M	1:2:40	First 5K!
Scott	Blaylock	157	[50+] / M	1:10:0	First 5K!
AJ	Maupin	376	[50+] / M	1:44:0	
Craig	Dunn	25	[50+] / M	no time	
Kelly	Garner	318	[50+] / M	no time	
Ramon	Martinez-Vera	93	[50+] / M	no time	
Steven	Smith	298	[50+] / M	no time	First 5K!