**2020 Monthly Mini Challenges***Monthly Mini Challenges are simple, individual challenges designed to make participants happier and healthier. Track participation to be eligible for a prize drawing at the end of the year.*

[ ]  *January – 10 Ten*

[ ] *February – Pearly White*

[ ]  *March – After Math*

[ ]  *April – Three Good Things*

[ ]  *May – Excuse Me*

[ ]  *June – Up Beat*

[ ]  *July – Good Reception*

[ ]  *August – Shopping Bags*

[ ]  *September – Stand Up*

[ ]  *October – Shout Out*

[ ]  *November – Lucky Duck*

[ ]  *December – Secret 007*