**2020 Monthly Mini Challenges***Monthly Mini Challenges are simple, individual challenges designed to make participants happier and healthier. Track participation to be eligible for a prize drawing at the end of the year.*

*January – 10 Ten*

*February – Pearly White*

*March – After Math*

*April – Three Good Things*

*May – Excuse Me*

*June – Up Beat*

*July – Good Reception*

*August – Shopping Bags*

*September – Stand Up*

*October – Shout Out*

*November – Lucky Duck*

*December – Secret 007*